

**PAPER - II**  
**GNM COURSE**

**SECTION-A: MULTIPLE CHOICE QUESTIONS**

1. **Anatomy breaks the human abdomen down into segments called**
  - a. Regions
  - b. Districts
  - c. Quadrant
  - d. Areas
2. **Arteries which carry impure blood is**
  - a. Femoral artery
  - b. Carotid artery
  - c. Pulmonary artery
  - d. Coronary artery
3. **Primary function of the skeletal system is**
  - a. Form a solid framework
  - b. Support and protect internal organ
  - c. Anchors the skeletal muscles
  - d. All of the above
4. **Total number of cranial nerves in central nervous system are**
  - a. 25
  - b. 13
  - c. 12
  - d. 10
5. **Presence of pathogenic bacteria in blood is known as**
  - a. Toxaemias
  - b. Septicaemia
  - c. Bacteriamia
  - d. All of the above
6. **People with moderate mental retardation would have an IQ in the range of**
  - a. 10-19
  - b. 35-54
  - c. 55-70
  - d. 20-34

7. **The following is not an agency of socialization**
- Family
  - School
  - Peer group
  - Media
8. **Which is not a form of social stratification?**
- Religion
  - Class
  - Caste
  - Gender
9. **Patient care model works best when there are plenty of patient but few nurses is**
- Functional nursing
  - Team nursing
  - Primary nursing
  - Total patient care
10. **Which of the description is correct for the prone position?**
- Sitting upright
  - Lying on the side
  - Lying on back
  - Lying on abdomen
11. **Precautions to be taken before giving ryles tube feeding**
- Aspirate gastric juice prior to feed
  - Directly start feeding without wasting time
  - All of the above
  - None of the above
12. **How long do you have to wait for recording oral temperature of the patient if he has just taken hot/cold drinks?**
- 5 minutes
  - 10 minutes
  - 20 minutes
  - 30 minutes

13. **Colour coding for oxygen cylinder is**
- Red
  - Black with white shoulder
  - French blue
  - Grey
14. **A mother reports that her 4 year old child has been scratching her head recently. Which of the following infestation would the nurse suspect**
- Pinworm
  - Scabies
  - Lice / Pediculosis
  - Hookworm
15. **HIV does not cause which of the following illness**
- Anaemia
  - Arthritis
  - Cardiomyopathy
  - Glaucoma
16. **Factors which cause Hepatitis A is**
- Blood contact
  - Blood transfusion
  - Contaminated shell-fish
  - Sexual contact
17. **A healthy 4 month old child should receive**
- Measles and OPV
  - MMR
  - DPT
  - OPV and DPT
18. **India is declared Polio free by WHO in the year**
- 2000
  - 2010
  - 2014
  - None of these

19. **Common factors of air pollution are**
- Industrial emission
  - Poor disposal of waste
  - Mining
  - All of the above
20. **Common methods of water purification**
- Boiling
  - Filtration
  - Chlorination
  - All of the above
21. **The originator of a message for health education is**
- Communicator
  - Audience
  - Channel
  - Message
22. **Communication by personal contact is**
- Face- to- face
  - Mass
  - Both
  - None of these
23. **Which of the following dietary recommendations may help the client with rheumatoid arthritis reduce inflammation**
- Fish oil
  - Vitamin D
  - Iron rich food
  - Calcium carbonate
24. **Half of your diet should be made up of**
- Grains and vegetables
  - Fruits and milk
  - Milk and cheese
  - Fat and sugar
25. **Drug of choice for angina Pectoris**
- Aspirin
  - Lasix
  - Nitroglycerin
  - Nifedipine

26. **Hormone responsible for rising arterial pressure and improving venous return is**
- Angiotensin I
  - Angiotensin II
  - Epinephrine
  - Renin
27. **NSAIDs most often used to treat Rheumatoid Arthritis is**
- Lasix
  - Haloperidol
  - Ibuprofen
  - Methotrexate
28. **Gout pain usually occurs in which of the following location**
- Joints
  - Tendon
  - Long bone
  - Areas of striated muscles
29. **Type of Diabetes controlled primarily through diet, exercise, and antidiabetic agents is**
- Diabetes Insipidus
  - Diabetic Ketoacidosis
  - Type I Diabetes Mellitus
  - Type II Diabetes Mellitus
30. **A 80 year old man reports with urine retention. Factors which contribute to this clients problem is**
- Benign prostatic hypertrophy
  - Diabetes
  - Diet
  - Hypertension
31. **Condition most commonly resulting in Coronary Artery Disease is**
- Artherosclerosis
  - Diabetes Mellitus
  - Myocardial Infarction
  - Renal Failure

- 32. Charges framed for procedure performed on a client without informed consent is**
- Fraud
  - Harassment
  - Assault and battery
  - Breach of confidentiality
- 33. Investigation to be done in case of hypothyroidism**
- Liver Function Test
  - Haemoglobin
  - T3, T4 & TSH
  - 24 hours urine for free cortisol measurement
- 34. Therapies most strongly advocated for treatment of post traumatic stress disorder is**
- ECT
  - Group therapy
  - Hypnotherapy
  - Individual therapy
- 35. Instruction to be observed when administering a Mantoux test is -**
- Use the deltoid muscle
  - Rub the site to help absorption
  - Read the result within 48 to 72 hours
  - Read the result for checking for a rash
- 36. Disorder related to dementia is**
- Alcohol withdrawal
  - Alzheimer's disease
  - Obsessive Compulsive Disorder
  - Post partum depression
- 37. Client with gestational diabetes is usually managed by**
- Diet
  - Long term insulin
  - Oral hypoglycaemic drug
  - Oral hypoglycaemic drug + insulin
- 38. Hormones administered for stimulation of uterine contraction is**
- Estrogen
  - Fetal cortison
  - Oxytocin
  - Progesterone

39. **Best technique to monitor the fetus of a third trimester client with diabetes mellitus is**
- USG examination weekly
  - Non Stress Test (NST) twice weekly
  - Daily Contraction Stress Test (CST) at 32 weeks of gestation
  - Monitoring of fetal activity by client weekly
40. **Most common cause of anaemia in pregnancy is**
- Alpha-thalassaemia
  - Beta- thalassaemia
  - Iron deficiency anaemia
  - Sickle cell anaemia
41. **Fetal position best for birth is**
- Vertex position
  - Transverse position
  - Frank breech position
  - Posterior position of fetal head
42. **Important laboratory result for a client admitted to the labour and delivery unit is**
- Blood group
  - Calcium
  - Iron
  - Oxygen saturation
43. **Assessment of the mother made in the immediate post partum period (first two hours) is**
- Blood glucose level
  - ECG
  - Height of fundus
  - Stool test for occult blood.
44. **Crowning takes place during which stage of labour**
- First
  - Second
  - Third
  - Fourth

45. **A three year old child should be able to perform**
- Ride a tricycle
  - Tie shoelaces
  - Roller skate
  - Jump rope
46. **The most common type of cancer in children is**
- Hodgkin's disease
  - Leukaemia
  - Osteogenic sarcoma
  - Wilm's tumour
47. **Intervention recommended for children with CSOM with effusion is**
- Antihistamines
  - Corticosteroids
  - Decongestants
  - Surgical intervention
48. **Trained Nurses Association of India was established in the year**
- 1920
  - 1947
  - 1908
  - 1968
49. **Action to be taken by Nurse Manager to communicate staff nurse medication error is**
- Incident report
  - Oral report from the staff nurse
  - Copy of the medication Kardex
  - Order change signed by physician
50. **Historical research relies on all of the following except**
- Records
  - Diaries
  - Photographs
  - Interview



**SECTION-B :**  
**SHORT NOTES & LONG ANSWERS**

**1. Write short notes on any four of the following** **(4 × 5 = 20)**

- (i) National Immunization Programme
- (ii) Nursing responsibility of a patient on IV Infusion
- (iii) Observation of a patient with head injury
- (iv) Complications of Spinal Cord Injuries
- (v) Organ donation a gift of life
- (vi) Cardio Pulmonary Resuscitation

**2. Attempt any three of the following** **(3 × 10 = 30)**

- (i) Nursing Management of coma patient
- (ii) Management of second stage of labour
- (iii) Nursing management of a middle aged patient on chemotherapy
- (iv) Bio Medical Waste Management in the ward
- (v) Health Education to a group of mothers on prevention of home accidents